





Great Oaks Recovery Center provides adults with exceptional care for the treatment of substance abuse and co-occurring disorders. Our peaceful, relaxing campus provides the privacy, security, and stability necessary to effectively detox and rehabilitate. Our 55-acre facility provides an Eden of escape from the chaotic life that so often accompanies addiction.

## **Program Highlights**

- · Individualized care in a small group setting
- A focus on 12-step recovery and a curriculum that incorporates cognitive behavior therapy, motivational interviewing, and family support programs
- · Equine therapy
- $\cdot$  Relapse prevention
- · AA/NA meetings

## **Treatment Options**

#### DETOX

The detoxification phase supports clients who need help safely withdrawing from alcohol and/or other substances in a therapeutic environment supervised by our highly-qualified onsite medical team.

#### **RESIDENTIAL PROGRAM**

Our residential treatment program is tailored to the needs of each client. We believe that every client we treat deserves an individualized plan, tailored to their personal experiences, beliefs, and current life circumstances. During their stay, we focus on rehabilitating our patients' mind, body, and spirit.

#### **FAMILY INVOLVEMENT**

Oftentimes, families of addiction-sufferers struggle just as much—if not more—than the client.

We strive to provide families with education, communication, accountability, and support so that they are better equipped to give their loved ones the best chance at permanently overcoming addiction.

#### **CONTINUING CARE**

Great Oaks alumni have access to local referrals, monthly use of our Trac9 relapse prevention program, regular follow-up calls with a therapist, membership in our alumni groups, and ongoing alumni events.



#### TRAC9

Trac9 is a tool that leverages a series of standardized assessments to track clients' success in treatment and predict a potential relapse.

The assessments identify a client's change in depression, anxiety, stress, visual, and verbal response to cravings, spirituality, commitment, sobriety, optimism, and quality of life.

For more information, please contact us anytime at 8770 500-8849 or (979) 677-1000, or visit GreatOaksRecovery.com

# Tranquility Meets Effective **Treatment Our Mission** We strive to improve the lives we touch by offering help, hope, and healing to the clients that walk into our facility.

# **Great Oaks**



Available in a 30/60/90 Mile Radius.

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(877) 500-8849 | (979) 677-1000 GreatOaksRecovery.com









**IN-NETWORK INSURANCE PLANS** 



VALUEOPTIONS Cigna.













A Premier Houston Addiction Treatment Center

GreatOaksRecovery.com