


Thank you for joining us for your educational telehealth visit.

I've included below a list of contacts, resources, and helpful tips for your reference. Please don't hesitate to reach out by phone, email, or through the patient portal if you have any questions or need additional support.

Who to Contact	Reason to Contact	Phone Number
Nurse	Please call for any new symptoms & clinical concerns or questions.	404-351-0205 x133
Refill line	Refill requests may take 3–5 business days. Please call us or send a portal message—do not rely on your pharmacy to request refills.	404-351-0205 x333
Medical assistant	For outpatient referrals for speech/occupational/physical therapy and setting	404-351-0205 x357
Case manager	Navigating employment concerns, FMLA, disability paperwork, medical equipment, financial assistance, AFOs, etc	404-351-0205 x162
Clinical pharmacist	For insurance prior authorizations/medication approval process and financial assistance for specialty	404-351-0205 x141
Scheduling	Scheduling an appointment	404-351-0205 x302
Follow My Health Help	For any technical issues with the portal	404-351-0205 x196
Billing	General billing questions and inquiries of on-site MRI financial assistance	404-351-0205 x188
Medical Records	Record requests for imaging discs ONLY . Record requests for all other documents to include mri discs, chart notes, labs, etc. please contact HealthMark Request Manager, ph: 800-659-4035 or status@healthmark-group.com	404-351-0205 x143

At Atlanta Neuroscience Institute, we are committed to walking beside you on your journey with Multiple Sclerosis. Below you'll find important contacts and resources to help you manage your care. 

Patient Resources

National MS Society – <https://www.nationalmssociety.org/>

MSSA- <https://mymsaa.org/>

MS Support Groups- <https://www.nationalmssociety.org/resources/get-support/find-support-groups-and-programs>

MSF Events- <https://msfocus.org/Events/Event-Search>

ANI Women's Support Group – <https://atlneuroinstitute.org/womens-support/>

We are Illmatic Community Group: <https://www.weareillmatic.com/>

MS Toolkit- <https://mymstoolkit.com/>

Diet & Nutrition- <https://www.nationalmssociety.org/managing-ms/living-with-ms/diet-exercise-and-healthy-behaviors/diet-nutrition>

Exercise Resources

Free Online Yoga Classes - <https://yogamovesanybody.org/about/>

MS GYM- www.theMSGym.com

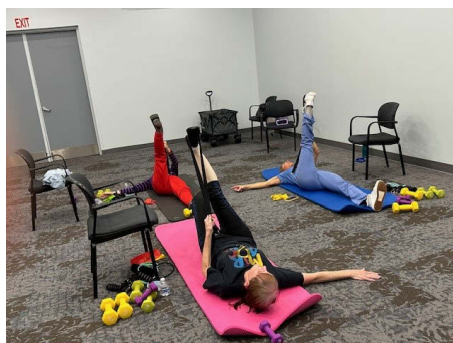
MS Wellness- <https://www.msexerciseandwellness.org/>

Cooling vest info: <https://mymsaa.org/msaa-help/cooling-products/>

<https://www.polarproducts.com/polarshop/pc/Cooling-for-Multiple-Sclerosis-and-Other-Heat-Intolerant-Conditions-c442.htm>

Amazon Cooling Vest: [FlexiFreeze Personal Series Ice Vest \(Zipper Closure\) \(Vest Only\) - Amazon.com](#)

[FlexiFreeze Professional Series Ice Vest - Charcoal at Amazon Men's Clothing store](#)



Helpful Reminders

- Sign up for the Patient Portal for easy access to labs, visit summaries, and messages.
- Keep track of your infusion and treatment dates.
- It's helpful to schedule office visits and MRIs ahead of time as our providers often book out months in advance. Dr. Lazarus recommends following up every 6 months, unless clinically indicated otherwise.
- We recommend keeping up to date with a Primary Care Physician / care team
- Live vaccines are generally contraindicated for people with MS, please check in with Dr. Lazarus' nurse regarding new vaccines
- HIPAA forms - we are only allowed to discuss your medical information with people who are on your Health Privacy form that you filled out; you can update this as needed.
- If you have a clinical concern that you feel needs to be addressed prior to your next visit, please call the nurse line or send a portal message. You can call me for any non-clinical MS questions/concerns.

Please feel free to email me at ewong@atlneuroinstitute.org or call x158 with any follow-up questions. We are here to assist as best we can. For any potential urgent clinical matters, please call Dr. Lazarus' nurse at the number above.

Thanks again for your time!

Ellie, RN



Scan QR code for more info about Dr. Lazarus