

favorite post run snack?



favorite trail in acadia?

Kat: A heaping serving of Thai food! Specifically *Pad See Ew*.

Kat: Cadillac South Ridge Trail! So very runnable and *views for days!*

Tara: A smoothie or smoothie bowl from Thrive. I will often dream about them while I'm out running in the park.

Tara: Jordan Cliff Trail! Rungs, ladders, classic Acadia granite slabs, and views. *What more could you ask for?*

